

Safe Medicine Storage for: Grandparents

Put your medicines
up **and** **away**
and out of sight



You love your grandchildren and would do anything for them, but did you know these startling facts?

Approximately 60,000 young children – or roughly four school busloads of children per day – are brought to the emergency room each year because they got into medicines that were left within reach.^{1,2}

Nearly 1 out of every 4 grandparents say they store prescription medicines in easy-access places, and 18 percent keep over-the-counter medicines in easily accessible spots.³

Don't let your grandchildren become a statistic, take these precautions to help keep them safe:

Keep all medicines and vitamins up and away and out of sight in a high cabinet or other place your grandchildren can't reach or see.

Keep purses, bags, or coats that have medicines or vitamins in them out of their reach and sight.

Never leave medicines or vitamins out on a table, countertop, or bedside table where your grandchildren could reach them. Relock the safety cap and put them away every time you use them.

Set a daily reminder to take your medicines and vitamins on your refrigerator or a location you check on a daily basis, since they will be safely stored up and away and out of sight.

**Keep the Poison Help number in all of your phones: (800) 222-1222.
Or text "POISON" TO 797979 to automatically save it.**

1. Centers for Disease Control and Prevention (CDC). CDC Features - Put Your Medicines Up and Away and Out of Sight. <http://www.cdc.gov/features/medicationstorage>. Accessed October 10, 2012.
2. Safe Kids Worldwide. Safe Storage, Safe Dosing, Safe Kids: A Report to the Nation on Safe Medication. March, 2012.
3. C.S. Mott Children's Hospital National Poll on Children's Health. Easy-access medicines a poisoning risk for kids at home. <http://mottnpch.org/reports-surveys/easy-access-medicines-poisoning-risk-kids-home>. Accessed November 27, 2012.

For more tools and information, visit **UpandAway.org**.

In partnership with the Centers for Disease Control and Prevention (CDC)

For questions about where to turn for help, call Bucks County Drug & Alcohol Commission, Inc. at 215-444-2700 or visit www.bcdac.org.

