



## TEEN CENTER

*A safe, supportive and confidential place for teens*

### COVID-19 UPDATE

**The Teen Center is open virtually, via the free Blue Jeans app, on Fridays from 4:00 - 5:30 PM. To join the group, call or text Gerri Parrish at 267.806.0974. For updates, follow us on Instagram @teencenter96 and on Facebook at [facebook.com/TeenCenterLanghorne](https://facebook.com/TeenCenterLanghorne).**

Being a teenager comes with lots of challenges. We can help. The Teen Center is a confidential place where you can vent about your problems and get support from caring professionals and others who are going through similar struggles.

### OUR STAFF

Our staff is experienced and trained in working with teens and young adults. We're available to talk privately as needed.

### GROUP DISCUSSIONS

We regularly lead group discussions on topics that affect many teens including:

- Anger management
- Peer and family conflict
- Drugs and alcohol
- Depression and anxiety



## WHAT'S IN IT FOR YOU?

- A safe place to hang out and relax
- Bring friends or make new ones
- Snacks
- Music and movies
- Board games and activities
- Staff who listen if you want to talk
- Help and information
- Discussion groups

## AGE REQUIREMENTS

The Teen Center is open to all teenagers between the ages of 14 and 19.

## TEENS ARE SAYING...

- "It's a nice place to be. Anyone will help you if you want to talk, or you can just relax."
- "I came to The Teen Center out of curiosity. Now I come for the conversations."
- "It's a nice, laid back environment. It's a great place to calm down and talk about your issues."



**FAMILY  
SERVICE**

*Stronger today. Brighter tomorrow.*

Teen Center  
Suite 012 at the Oxford Valley Mall  
Langhorne, PA 19047  
[www.fsabc.org](http://www.fsabc.org)

We are fully accredited by the Council on Accreditation for Children and Family Services, Inc. Our agency is licensed by the State of Pennsylvania to provide drug and alcohol assessment and treatment services as well as mental health assessment and treatment services. Services and employment are provided in a nondiscriminatory manner without regard to age, race, religion, national origin, sex, disability, sexual orientation, transgender status, protected veteran status or limited English

**QUESTIONS?** Contact us at 267.806.0974 or visit [www.fsabc.org/tc](http://www.fsabc.org/tc).